

# STEVEN M. RAZO, PSY.D.

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## SUMMARY

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**Licensed Clinical Psychologist with 14-years of experience in the healthcare industry. In addition to holding a license in psychology, I have a license in Marriage & Family Therapy.**

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## PROFESSIONAL LICENSES

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8/2019 – Present	<b>Licensed Psychologist</b> PSY#31156 CA Board of Psychology, Sacramento, CA
9/2016 – Present	<b>Licensed Marriage and Family Therapist</b> LMFT#95038 CA Board of Behavioral Sciences Sacramento, CA.

## EDUCATION

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<b>Psy.D.</b> 9/2018	<b>Doctor of Clinical Psychology</b> <b>Family Forensic Emphasis</b> Antioch University Santa Barbara, Santa Barbara, CA Dissertation: “ <i>The Cost of Comforting: Phenomenological Study on Burnout among Marriage and Family Therapists in Community Settings.</i> ”
<b>M.A.</b> 3/2013	<b>Master of Arts in General Psychology</b> <b>Marriage and Family Therapy Emphasis</b> Brandman University, Santa Maria, CA
<b>B.A.</b> 2010	<b>Bachelor of Arts in Social Science</b> <b>Minor in Sociology</b> Chapman University, Orange, CA Thesis: “ <i>Managing the Globalization Backlash.</i> ”

## **POSTDOCTORAL FELLOWSHIP**

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2018 - 2019 **Postdoctoral Fellow**, State Center Community College District, Clovis College

- Worked in a community college with diverse student populations (primarily Latino, Asian, African American, and Caucasian populations ages 16 – 50 +) with various mental health issues ranging in severity from mild to severe as well as acute crisis.
- Provided mental health consultation to teaching faculty and staff emphasizing a brief intervention model.
- Conducted short- and long-term outpatient therapy utilizing cognitive behavioral, solution-focused, trauma focused, object-relations, and motivational interviewing techniques and interventions.
- Executed processes such as: mental status exams, clinical interviews and assessments, mental health screenings, chart documentation, as well as discharge planning.
- Collaborated with other mental health professionals in providing short-term interventions for enrolled students.
- Attended meetings on ensuring HIPAA compliance as well as auditing privacy breaches to enhance the quality of confidentiality throughout the organization.
- Designed and facilitated a psychotherapy group including: Anxiety, Stress Management, Depression, and Men's Issues.
- Invited lecturer on relevant student topics and co-advisor to Active Minds Club designed to promote mental health awareness on campus.
- Collaborated with dean of student services and health services staff on research planning.
- 2-hour group supervision, and 2 hours of individual supervision weekly.

## **APA ACCREDITED INTERNSHIP**

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7/2017 – 7/2018 **Psychological Intern**, State Center Community College District, Fresno, CA  
*Accredited by the American Psychological Association*

- Worked in two community colleges with diverse community populations (including Latino, Asian, African American, and Caucasian populations ages 18 – 26 +) with various mental health issues ranging in severity from mild to severe as well as acute crisis.
- Provided mental health consultation to academic faculty emphasizing a brief intervention model.
- Executed case management processes such as: mental status exams, clinical interviews and assessments, treatment planning and application, chart documentation, as well as discharge planning.
- Collaborated with other mental health professionals in brief therapy interventions as well as conducting evaluations for the campus disabled student program.
- Conducted diagnostic evaluations, psychological assessments, and writing integrated psychological assessment reports.
- Attended workshops ensuring HIPAA compliance as well as auditing privacy breaches to enhance the quality of confidentiality throughout the campus.
- Facilitated psychotherapy groups that promoted student wellness.
- Guest lecturer on relevant mental health topics, case presentations, and outreach services for student population.

- 8 hours of didactic and testing training bi-weekly, 2-hour group supervision weekly, and 2 hours of individual supervision weekly.

## **PROFESSIONAL AND CLINICAL EXPERIENCE**

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- 2019 – **Licensed Psychologist – Dr. Steven M. Razo, Psy.D., Beverly Hills, CA**  
Independent private practice offering psychological services: individual and family therapy, couple's therapy, and psychological evaluations (immigration, ADHD, PTSD, learning disabilities, neuropsychological). Clinical supervisor of AMFT interns.
- 2019 – 2023 **Adjunct Faculty – Antioch University Santa Barbara, CA**  
Instructor at a private liberal arts university teaching graduate level courses for the Master of Arts program and Doctoral program in clinical psychology. Additionally supervised doctoral trainees conducting clinical work.
- 2020 – 2023 **Contracted Psychologist – Psychiatric Services, Inc. Agoura Hills, CA**  
Provide psychological services in an outpatient psychiatry office including therapy, psychological testing, and neuropsychological testing.
- 2019 – 2020 **Contracted Provider – Acacia Counseling and Wellness, Isla Vista, CA**  
Group practice that provides mental health services to students at UC Santa Barbara.
- 2019 – 2020 **Clinician and Clinical Supervisor – Pure Recovery California, Oxnard, CA**  
Private residential treatment center that offers medical, neurological, and mental health services to retired NFL and NBA athletes. I provided group therapy and clinical supervision to a first-year doctoral student.
- 2018-2020 **Clinical Supervisor – Optimal Interventions, Santa Maria, CA**  
Oversaw the clinical practice of Associate Marriage & Family Therapists and Associate Social Workers. Reviewed documentation, provide didactics, consulted on cases, crisis support, and verification of clinical hours.
- 2018 – 2019 **Psychological Assistant – Vasquez Clinical Services, Fresno, CA**  
Wrote forensic evaluations for clients applying for Extreme Hardships, U-Visa, and Violence Against Women Act (VAWA). Integrated reports utilizing psychological testing, history, and clinical assessment. Provided individual psychotherapy to adolescents dealing with depression and phase of life problems.
- 2016 - 2017 **Doctoral Trainee – McKinley Elementary School, Santa Barbara, CA**  
Assigned by Santa Barbara Unified School District to provide individual and family therapy to children and families with conduct problems and trauma histories. Administered consultation to instructors dealing with at-risk children,

case management, and documentation. Attended individual and group supervision ran by a certified psychoanalyst.

2016 - 2017 **Marriage and Family Therapist – Optimal Interventions, Santa Maria, CA**  
Private practice providing individual therapy to children, adolescents, and adults referred by their insurance provider. Client problem areas included ADHD, conduct problems, medical disability, homelessness, anger management, depression, and adjustment problems.

2014 - 2017 **Clinician – Child Abuse Listening Mediation (CALM), Santa Barbara, CA**  
Provided intensive in-home therapy to children, adolescents, and families who have been the victims of trauma. Conducted case management, collaborated with social workers and Santa Barbara County staff, documented services consistent with Medi-Cal billing, and provided peer supervision to qualified mental health workers, social work interns, and associate Marriage & Family therapists.

2015 - 2016 **Doctoral Trainee – Community Counseling Center, San Luis Obispo, CA**  
Conducted individual therapy, clinical assessments, and screenings to individuals and couples on a sliding-scale basis. Provided individual therapy to college students in a community setting. Assigned to an elementary and high school campus in San Luis Obispo and provided individual therapy to eligible students.

2012 - 2014 **Counselor/Caseload Manager – Aegis Treatment Centers, Santa Maria, CA**  
Delivered substance abuse counseling to adults at an outpatient medical clinic under the supervision of mental health and medical staff. Employed case management services, groups on Cognitive Behavioral Therapy and anger management, and record keeping consistent with Medi-Cal billing practices.

2010 - 2012 **Child Care Worker – Sweeney Youth Homes, Santa Barbara, CA**  
Worked as support staff in an inpatient residential setting that housed juvenile sex offenders and youth with conduct and substance abuse problems. Helped a Marriage & Family therapist in carrying out token economies and other behavioral based interventions to residents.

## **VOLUNTEER EXPERIENCE**

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Volunteered at the Community Counseling Center of San Luis Obispo providing intakes, screenings, and short-term individual therapy to children, adults, and couples on a sliding-scale basis.

## HONORS AND AWARDS

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Received the *Psy.D. Award for Excellence in Professionalism* which is given to doctoral students at Antioch University who develop and maintain quality relationships with clients, colleagues, agencies, and members of the community. In addition, these students demonstrate high ethical knowledge and practice, attend workshops and seminars to keep up with advances in the profession, and demonstrate strong quality of character.

## PRESENTATIONS AND INVITED LECTURES

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Razo, S. (2023, Feb). *Interracial Psychoanalysis*. Presented at American Psychoanalytic Association (APsA) 2023 National Meeting. New York City, NY.

Razo, S. (2019, May) *Case Presentation*. Presented at Reedley College. Reedley, CA.

Razo, S. (2018, October). *Mingled Self: Self Identity and The Family*. Presentation delivered to *Active Minds* club on Clovis College campus. Clovis, CA.

Razo, S. (2018, September) *Anxiety and Test Anxiety*. Lecture presented to Communications class at Clovis College. Clovis, CA.

Razo, S. (2018, June) *Case Presentation*. Presented at the Central California Psychology Internship Consortium (CCPIC). Fresno, CA.

Razo, S. (2018, May). *The Cost of Comforting: Phenomenological Study on Burnout Among Marriage & Family Therapists Working in Community Settings*. Community presentation at Antioch University, Santa Barbara, CA.

Razo, S. (2018, September). *Eating Disorders: An Introduction*. Lecture presented at Fresno City College. Fresno, CA.

Razo, S. (2017, October). *Wellness: A Balanced Approach*. Lecture presented to at Fresno City College. Fresno, CA.

Razo, S. (2017, February). *The Maternal Metaphor in the Practice of Psychotherapy*. Community presentation at a symposium on Latina mental health. Santa Barbara, CA.

Razo, S. (2017, July). *The Therapeutic Relationship: Clinical and Personal Reflections*. Presentation to Child Abuse Listening Mediation (CALM) staff. Lompoc, CA

Razo, S. (2016). *Child Abuse Listening Mediation and Mandated Reporting*. Public Presentation to court appointed special advocates (CASA) in Lompoc, CA.

Razo, S. (2016, June). *Collegial Support and Burnout: Special Considerations for the Marriage and Family Therapist*. Poster presented at Scholar's Day at Antioch University, Santa Barbara, CA.

## **PUBLICATIONS**

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Razo, S. (2018). The Cost of Comforting: phenomenological study on burnout among marriage and family therapists in community settings. *Dissertations & Theses*. 424. <https://aura.antioch.edu/etds/424>

Schwartz, D., Razo, S., & Pilato, R. (2017, January). *Socially Relevant Practicum Development: Latino Mental Health in an Elementary School Setting*. Poster session presented at the Mid-Winter meeting of the National Council of Schools of Professional Psychology, Long Beach, CA.

## **COURSES TAUGHT**

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- Social Justice and Cultural Competency I
- Theories of Family Systems
- Advanced Family Therapy: Special Populations

## **RELEVANT TRAININGS**

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- Advanced Candidate in Psychoanalysis at the *New Center for Psychoanalysis* in Los Angeles, CA
- Introduction to the Principals of Psychoanalysis at the *New Center for Psychoanalysis* in Los Angeles, California from February 03, 2021 to March 31, 2021.
- Accepted to begin the adult psychoanalytic program at the *New Center for Psychoanalysis* in Los Angeles, California in Fall 2021.
- Completed a Didactic Training Program through the *California Psychological Internship Consortium*. Training included: Law & Ethics, Supervision, Human Sexuality, Malingering, Spousal Abuse, Substance Abuse, Suicide Risk Assessment, and Building a Private Practice.
- Certification in Mental Health First Aid.
- Completed a 9-month psychoanalytic seminar conducted by a certified Psychoanalyst. Seminar included reading materials, clinical case presentations, review of session transcripts, and participation in live psychoanalytic therapy sessions that were video recorded and reviewed by members of the seminar for training purposes.
- Participated in symposiums on Latinx mental health which included presenters from various mental health professionals, award winning journalists, and scholars in Latinx mental health. Symposiums were designed to provide cultural competency for mental health clinicians.
- Completion of multiple workshops in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Parent-Child Interaction Therapy (PCIT).

## **PROFESSIONAL AFFILIATIONS**

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American Psychoanalytic Association (APSA)